



# HEART TO HEART



CONNECTING HEARTS......CHANGING LIVES

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HEART CARE MINISTRIES NEWSLETTER

VOL.2 ISSUE 5

“My flesh and my heart faileth: but God is the strength of my heart, and my portion forever” Ps. 73:26

Dear Friends of Heart Care Ministries,

October marked the second year of this ministry for which we give thanks. It has been amazing how God uses something as simple as faith and prayer mixed with a small handful of purpose to accomplish His will. When we moved to Montana we had a desire of someday providing a place for people who had become weary in their walk with God. Initially we pursued the dream, but due to a number of constraints and even a few unaccounted for setbacks, we kept adjusting and praying for God’s direction. Through a sequence of events along with a few doors miraculously opening for us, we took a step of faith and Heart Care Ministries was born. While the ministry is not what we had initially envisioned, we are grateful for the opportunity God has provided for us. In retrospect we look back over the last couple of years and are amazed how the Lord has strengthened us through times of weakness and supplied for us in times of drought. The story of the little boy tossing starfish that had washed ashore back into the ocean describes the goal of this ministry in making a difference in people’s lives. Someone asked him how he thought he would ever make a difference since there were so many? The little boy responded by picking up a starfish and tossing it back into the water saying “sure made a difference for that one”. We spend time with people hoping to make a difference in their lives, one heart at a time. Counseling is a broad term and has been construed to include a variety of different ideas. We actually don’t consider ourselves to be a counselor but rather a mentor or care coach. Our primary focus is to help people identify issues that has caused them to struggle and to assist them in resolving those issues. In the remaining section of this article I would like to share a brief overview of our process. First of all effective counseling requires cooperation. It is important for a person to be honest about their issues and willing to take steps toward resolving them. It is my firm belief that only Jesus has the solution to anyone’s problems. There are 6 specific areas we like to cover when someone schedules an appointment at HCM. **1. Diffuse the Insecurities:** It is important to build a bridge of trust and try to break down any concerns or apprehension a client may have. **2. Determine the Information:** This is where we listen to a person’s life story and try to understand a person’s life experience. **3. Define the Issues:** This is where we put the pieces of a person’s past experience together to try and figure out how it has affected them. **4. Disconnect the Irritations or Injuries (Pain)** Here we lead a person in prayer seeking to connect to Jesus who is able to care and bring peace into their pain. **5. Develop the Intimacy:** Training a couple how to emotionally connect to experience oneness in their relationship and each individual to accept their oneness with Christ **6. Discover the Independence:** Helping them experience freedom to be the person God has created them to be.

Seeking to make a difference for Jesus sake.  
Danny and Shirley



“Be of good courage, and he shall strengthen your heart, all ye that hope in the Lord” Psalm 31:24

## MISSION STATEMENT

Heart Care Ministries exist to assist individuals and couples in identifying and resolving emotional and spiritual issues by utilizing the Infinite wisdom of the Word of God, trusting the Infallibility of Jesus Christ, and by relying upon the Inspirational power of the Holy Spirit



1 Cor 15:58 Therefore, my beloved brethren, be ye steadfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

He healeth the broken in heart, and bindeth up their wounds.” Ps 147:3

Hopefully we are worthy of your support. Heart Care Ministries is a “faith-based” ministry supported through the generous contributions of individuals, organizations and churches that share the vision to provide competent, caring, Christian counseling at no cost. HCM is a 501 (c) 3 non-profit organization. All gifts are tax deductible. If God moves you to partner with us, please know your gift will be used to make a difference in someone’s life. We would be unable to continue in this service without the prayer and support of the loving friends of this ministry. We appreciate your confidence and charitable contributions in our behalf. May God bless you for your generous and caring spirit

## HEART CORE ISSUES

This section is used to identify issues that affect a person's heart.

Over the next several months I would like to use this section to discuss and explore the damaging aspects of Pressure Patterns. A Pressure Pattern is when a certain behavior is demonstrated that causes another person to react negatively because of pain.

### **7 Pressure Patterns that can cause a person to be damaged**

- 1) **Expectations (Pressure to Perform)** To achieve, to expect, to accomplish an action, to carry out, to count on
- 2) **Dominance/Control:** To govern, to rule over, to dictate, to have ones way, assertive
- 3) **Expressive:** controls verbally, to talk
- 4) **Not Talked To:** To be quiet, Doesn't communicate
- 5) **Focus on Self:** Selfish, Thinking only about me, Everything is about me
- 6) **Anger:** To be angry
- 7) **Critical/Judgmental:** adverse comments, to disapprove, to disparage, to condemn, to make cutting biting comments

Jesus felt pressure from people without affecting His ability to love. Does Jesus care? Yes He cares. We can cast our care on Him 1 Pet. 5:7

No one understands like Jesus...When the days are dark and grim;...No one is so near, so dear as Jesus...Cast you every care on Him.

### Heart Thanks

Below are things we are grateful for:

*In Everything Give Thanks for this is the will of God in Christ Jesus concerning you 1Thess. 5:18*

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We were grateful for the privilege of being asked to attend and assist with the CFTH annual conference in Wallenstein, Ontario. It was an honor to be involved in teaching a couple of workshops sharing insights with those wanting to help others. It is always a special time to be among godly people that have a heart to care.

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We are grateful for the privilege God has provided us to continue in this ministry over the past two years. Currently we have about a two month wait to schedule someone in for an appointment. Since July on average we have been seeing two cases a week every three weeks. God has been faithful to support and strengthen us for this work for which we give thanks

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We give thanks for the blessing of God who cares about the hearts of people and was willing to make the ultimate sacrifice that we might all experience freedom

### Heart Testimonies

Below are brief comments people have felt to share:

*"...for out of the abundance of the heart the mouth speaketh." Luke 6:45*

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"Thank you for your gentle approach and your kindness. All of my childhood memories are filled with the sound of angry parents yelling and screaming. My husband and I were bitter and angry so your soft spoken words meant so much...it helped us to feel you really cared. We have been home for three weeks and not once have we raised our voices toward each other."

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I struggled in the area of moral failure and was unable to overcome this stronghold in my life. I came to your office hopeful but doubtful that this would make a difference. You helped me identify pain experiences that had affected me more than I realized. I am still amazed at the awesome power of prayer to recover what seemed to be so hopeless..."

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We came to you in desperation because our marriage was shattered...the time spent with you helped us both see and understand each other...facing each other seeking forgiveness and the prayers were so effective to heal our hearts.."

### Heart Prayer Request

Below are some ways you can pray for us:

*"Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God." Phil 4:6*

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Consider praying that God would continue to soften people's hearts and cause them to find lasting peace in the rest He provides.

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Consider praying for healing in so many hearts that have been damaged and are locked up because of neglect and abuse.

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Consider praying that we would have wisdom and discernment in caring for people in such a way that they would feel safe to identify and seek resolve for their issues.

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Consider praying for us as we face some major decisions regarding the ministry and its future.

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Consider praying...without ceasing.

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**Heart Care  
Ministries**

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