

# **HEART TO HEART**



CONNECTING HEARTS...♥...CHANGING LIVES

MAR/APRIL, 2012

HEART CARE MINISTRIES NEWSLETTER

VOL.2 ISSUE 2

"Who shall roll us away the stone from the door of the sepulchre? And when they looked, they saw the stone was rolled away: for it was very great." Mark 16:3-4

Dear Friends of Heart Care Ministries,

The question posed in the verse above represents a universal question that many people face. The visitors to the tomb that first Easter morning were troubled about who would move a tremendous obstacle. It is amazing how easily something can prevent us from reaching a goal or purpose and cause discouragement, defeat and eventually even lead to despair. Some give up without even trying often becoming overwhelmed in thinking about the magnitude of the problem. The question looms like a huge shadow over the situation, "Who will be able to remove this major obstacle from our life, or how will I be able to make it through this impossible situation? There is perhaps nothing more paralyzing to a person than when they feel hopeless. "Hope deferred makes the heart sick...." Pro.13:12. When people lose hope it causes them to see everything in a different way. It is like putting on a different shade of glasses. Nothing about the scenery really changes, but the color in which we see it does. Hopelessness will quickly turn a challenging obstacle into an obstruction, a disappointment into a dilemma, or a conflict into a crisis. Without hope we are prone to wander or drift. Hope becomes an anchor to anyone facing a storm. Heb. 6:19.

A couple shared soon after they were married it was apparent their relationship was suffering. Through the years they sought various resources to try to improve their marriage with little results. As time passed their feelings became numb and the relationship reduced to a mere existence. Their marriage was described as a cycle of arguing, silence, withdrawal, and avoidance. They shared "we had lost all hope and simply gave up our will to try. The only thing that kept us together was the kids and our Christian commitment. Eventually even our church family pulled away from us causing us to feel alone, misunderstood, and betrayed." This couples experience caused them to view relationships through a different lens. They began to drift off course and existence turned into survival. What they once were able to tolerate had turned into a daily trial. They both wanted out. It was clear this couple's discernment became skewed, contributing to a series of bad choices. They both carried loads of guilt and felt condemned. Through the influence of a friend they reluctantly agreed to give counseling another try. During this time it was discovered that both of them carried deep wounds from their past which they had blocked from each other. They were led in a prayer to invite Jesus into the pain for healing. Slowly the hurtful stone was removed from their heart and for the first time they were able to see each other clearly. There is much more to this account, but the one thing positive they had finally found was the answer to the question posed above. "Who shall roll us away the stone? Are their obstacles in your life causing your hope to fade? Observe the question. Not "What" shall roll us away the stone, but "Who"? The answer is Jesus!! He is the only one with the power to remove the obstacles, restoring our hope!. May you have a Blessed Easter.....Your servants.

Danny and Shirley



"I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live... believest thou this?" Jn 11:25-26

#### MISSION STATEMENT

Heart Care Ministries exist to assist individuals and couples in identifying and resolving emotional and spiritual issues by utilizing the Infinite wisdom of the Word of God, trusting the Infallibility of Jesus Christ, and by relying upon the Inspirational power of the Holy Spirit



1 Cor 15:58 Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

# He healeth the broken in heart, and bindeth up their wounds." Ps 147:3

Hopefully we are worthy of your support. Heart Care Ministries is a "faith-based" ministry supported through the generous contributions of individuals, organizations and churches that share the vision to provide competent, caring, Christian counseling at no cost. HCM is a 501 (c) 3 non-profit organization. All gifts are tax deductible. If God moves you to partner with us, please know your gift will be used to make a difference in someone's life. We would be unable to continue in this service without the prayer and support of the loving friends of this ministry. We appreciate your confidence and charitable contributions in our behalf. May God bless you for your generous and caring spirit

## **HEART CORE ISSUES**

Issues that lock a heart

#### The Clarification (Definition) of being Betrayed

To break trust, to let down, to break one's promise, to be disloyal, to trick, to deceive

## The Causes (Ways) of being Betrayed

One is betrayed when a person promises to do something but doesn't follow through with it; A person may feel betrayed when their spouse is not honest about their past sin; When a person is dishonest or deceptive it causes others to feel betrayed.

#### The Concern and Characteristics (Affects) of being Betrayed

A person will have difficulty trusting a person who has betrayed them. One will tend to pull away from someone who may seek to betray them in a similar way. A person that has been betrayed will be slow or give up seeking to develop relationships.

#### The Care for those Betrayed

Speak words communicating honesty and that conveys trustworthiness; I would like to be a person you can count on and trust; Could I care about the pain you have experienced by being betrayed by someone you thought was trustworthy?; What does it cause you to feel in your heart when you have been tricked /deceived by someone? What if I began to understand the pain you experienced by being betrayed and started to care about that?

#### The Character Example of being Betrayed

Jesus obviously is and should be the first person that comes to mind when we think of betrayal. Scripture records several instances of others that were betrayed as well. One particular character in the Bible is Sampson when he was betrayed by Delilah. Jud. 16:4-21. The account says vs.4 "that Sampson loved this woman; vs5 she was persuaded by the Philistines to entice him, in which she attempted to do 3 times and failed. Finally she said in vs.15 to Sampson "How canst thou say I love thee, when thine heart is not with me? Vs.16 reveals she pressed him daily with her words and urged him, so that his soul was vexed unto death until in vs17 he succumbs and "told her all his heart..." She immediately proceeded to shave his head and his strength departed resulting in his capture and losing his eye sight. Sampson foolishly trusted someone who tricked/deceived/betrayed him. He is a sad example of how moral weakness caused him to lose his mighty strength. Have you ever been hurt by someone you trusted to be your friend only to find out they were against you? Jesus understands that kind of pain...His friend betrayed him with a kiss. He will be your faithful friend to whom you can trust with all of your heart.

"Greater love hath no man than this, that a man lay down his life for His friends Jn. 15:13"

# **Heart Thanks**

Below are things we are grateful for:

In Everything Give Thanks for this is the will of God in Christ Jesus concerning you 1Thess. 5:18

-----

We were grateful and were encouraged in attending the annual Directors Retreat near Hesston, KS in February. It was a time of renewal and refreshing to share the week with others who are passionate about caring for damaged people.

We give thanks for the courage of those who have been willing to own their issues and seek affective ways toward resolving them

We praise God for His ability to change a life and turn what might appear to be a ruined heap of ashes into something beautiful for His glory.

We are grateful for the support and encouragement we receive from the friends who believe in this ministry

# **Heart Testimonies**

Below are brief comments people have felt to share:

"...for out of the abundance of the heart the mouth speaketh." Luke 6:45

"Our marriage was a wreck. Years of arguing left us drained and unable to appreciate each other. Everything mostly seemed normal to everyone around us, but in reality we were separated. You helped us understand how our hearts had been damaged by our past and showed us how we were stepping on each other's pain...Thank you for patiently walking with us to find healing in our marriage."

"I was unaware how emotionally draining I was and how it caused the people around me, especially my family to pull away. I could never figure out why I was always depressed and felt so alone...God used you in a miraculous way to help me through the abandonment I experienced when I was given up for adoption as a little girl and the expectation of everyone to meet my need to be loved...I still smile when I think of how Jesus was always there with me...and how that His love is enough to meet my emotional need...it all seems clear now and my husband is so amazing...thank you so much for helping us"

# **Heart Prayer Request**

Below are some ways you can pray for us:

"Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God." Phil

4:6

Pray that God would prepare the hearts of those attending the week long marriage seminar in Alberta Canada in April...That we would be able to understand and care for those desiring to be counseled and effectively share the material we have been asked to share during the evening sessions.

Pray that we would adequately demonstrate a caring heart and be available to respond to those who would express an interest toward knowing more as we participate in a local ministry event.

For wisdom to understand the issues people struggle with and the best way possible to lead them to Jesus to experience freedom

That we would have discernment over the next few months as to where God wants us to focus

3220 Hwy. 93 South Suite 4 Kalispell, MT 59901 **Heart Care**Ministries

Phone; 406.756.1049 info@heartcareministries.com