



HEART TO HEART



CONNECTING HEARTS......CHANGING LIVES

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HEART CARE MINISTRIES NEWSLETTER

VOL.2 ISSUE 1

“Brethren, I count not myself to have apprehended, but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,” Phil. 3:13

Dear Friends of Heart Care Ministries,

There are many people who spend their life looking back as opposed to looking forward to what is ahead. The circumstances of their life tend to keep them swimming in a pool of remorse, regret, and ruin. There is one universal truth that applies to everyone, and that is we can't change the past. What has been done is over and we can't go back and undo it. Sadly many people remain trapped in the swirling waters of yesterday unable to get out and move on. That is not meant to imply that there are issues in a person's background to be disregard, especially if they have been damaged in some way. It does suggest that wallowing in the mistakes, bad choices, disappointments, failures, etc, are not too be our primary focus. Rather looking ahead with renewed enthusiasm and seeking creative ways toward making adjustments. In essence choosing to resolve the issues concerning our past that have affected us and facing the future with positive steps toward resolution and change.

We recently went on an extended road trip and as I was driving along a section of interstate, I was inspired with the thought of the long road stretching out in front of me. The highway was straight and extended as far as I could see to the horizon. As I began to pass a slower vehicle, I checked in my rearview mirror to see if the way was clear for me to merge into the other lane. When I looked back through the windshield it dawned on me how small the rearview mirror was in relation to the windshield. There is an obvious reason for that. It is because what is before you is much more important than what is behind you. Think how difficult it would be to drive a long distance looking through the rearview mirror. This isn't suggesting looking behind us is not important, however it does imply that what is before us should be our chief concern. It is only necessary to look back to resolve issues that are hindering our ability to advance toward a positive goal.

When a person has been affected by something traumatic in their past, the tendency is to react in one of the following three ways. They typically will either, ignore it, deny it, or blame someone else for it, and become paralyzed by the consequences. The enemy will often say there is "no way" out, but He lies. Jesus says I am the Way, which is absolutely true. Paul in the verse above reminded us of the concept of "letting go" in order to experience the full blessing. This doesn't minimize the impact of a person's past experience but places the emphasis on looking forward to something better. No matter what has been lost or even seemingly destroyed in a person's history, everything though perhaps not replaceable, is redeemable with God and He can provide true freedom...He is asking us to commit to "forgetting those things which are behind, and reaching forth unto those things which are before," God is already in your future...and is waiting for you to "let go" and "Let Him" show you the WAY!!

Blessings
Danny and Shirley



“Thomas saith unto him, Lord, we know not whither thou goest and how can we know the way? Jesus saith unto him, I am the way, the truth and the life...” Jn 14:5-6

MISSION STATEMENT

Heart Care Ministries exist to assist individuals and couples in identifying and resolving emotional and spiritual issues by utilizing the Infinite wisdom of the Word of God, trusting the Infallibility of Jesus Christ, and by relying upon the Inspirational power of the Holy Spirit



1 Cor 15:58 Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

He healeth the broken in heart, and bindeth up their wounds.” Ps 147:3

Hopefully we are worthy of your support. Heart Care Ministries is a “faith-based” ministry supported through the generous contributions of individuals, organizations and churches that share the vision to provide competent, caring, Christian counseling at no cost. HCM is a 501 (c) 3 non-profit organization. All gifts are tax deductible. If God moves your heart to partner with us, please know your gift will be used in making a difference in someone's life. We would be unable to continue in this service without the prayer and support of the loving friends of this ministry. We appreciate your confidence and charitable contributions in our behalf. May God bless you for your generous and caring spirit

HEART CORE ISSUES

Issues that lock a heart

The Clarification (Definition) of being Disrespected

To be rude, ridiculed, to be discourteous, to dishonor, to disgrace, to put to shame

The Causes (Ways) of being Disrespected

Disrespect is shown in being rude or discourteous to others; Can be demonstrated in what we say, in our attitude, or how we act toward another person.

The Concern and Characteristics (Affects) of being Disrespected

A person will react or refuse to respond to an individual that has disrespected them; They will fear they next time they are in the presence of someone who has disrespected them that they will be disrespected again; They will emotionally build a wall so no one will be able to damage them; They will tend to become bitter and angry toward a person that has disrespected them.

The Care for those Disrespected

Speak words that communicate respect and that you value that person; Reach toward them in a way that causes them to feel honored by you; Ask if you can care for the pain that a person has caused them by making rude comments that ridiculed and shamed them? Ask them if they would share with you the statements you make that touches the pain damage they have experienced in their past being alert to note and care for those areas

The Character Example of being Disrespected

There are several instances in scripture of people who were disrespected. I consider the prophet Elijah as an example of what can happen when someone disrespects you. Even though there had just been an amazing witness on Mt Carmel validating Elijah as the man of God, Jezebel had no respect for him. She sent word saying "So let the gods do to me, and more also, if I make not thy life as the life of one of them by tomorrow about this time." 1 Kings 19:2 that one disrespectful statement struck fear in Elijah to the extent he ran a full day's journey and sat down under a tree requesting to die. Even though he had just witnessed a tremendous victory, this account demonstrates how one disrespectful act can greatly affect a person. In the case of Elijah it sent him plummeting into despair. The account also demonstrates how God knows, understands and cares for a person in pain. 1 Kings 19:5 reveals that as Elijah lay sleeping in despair, God sent an angel to reach him (touch), and to reveal to him (spoke), and to refresh him (arise and eat). The account further reveals how God brought Elijah on the journey from powerless despair to productive duty. All of this caused because of one person being disrespectful. Please know that God cares about you. He is able to reach you where you are...reveal too you His plan...and refresh you in your journey toward recovery.

Rom. 2:11 "For there is no respect (partiality) of persons with God."

Heart Thanks

Below are things we are grateful for:

In Everything Give Thanks for this is the will of God in Christ Jesus concerning you 1Thess.

5:18

We are grateful for the invitation to speak at the annual Directors Retreat near Hesston, KS in February. We feel honored to be included in this opportunity.

We always appreciate the continued prayers and financial support to all who are committed to partner with us in this ministry. We would be unable to continue without your support. Through your generosity we are privileged to strengthen marriages, offer hope to the hurting and healing to the wounded.

We give thanks for God our Father, the Lord Jesus Christ our Savior and the Holy Spirit our Comforter who is the real power behind what sustains and supplies for every aspect of this ministry

Heart Testimonies

Below are brief comments people have felt to share:

"...for out of the abundance of the heart the mouth speaketh." Luke 6:45

"Thank you for taking my phone call and for all that you did for us the other evening...we are encouraged and feel as though now we now have hope to face this

I really appreciate what you did for me in providing a safe place. I know that is what I needed...thanks for your love and concern for us..."

I really appreciated our time together. It was a blessing! I'll admit that the prayer was a little out of the box for me, but I was very blessed by it! It was amazing to see how God revealed things to me during that time..."

Heart Prayer Request

Below are some ways you can pray for the ministry:

"Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God." Phil 4:6

That God would help us to know how to appropriately share our financial needs without seeming as though we are soliciting assistance, but rather revealing an awareness of the opportunity. That God would continue to move people too cheerfully and confidently feel committed to bless this ministry out of a willing heart.

That we would be able to obtain a computer and a projector to use in doing presentations

That God would give us wisdom to know how to understand the issues that people struggle with and know how to lead them to resolving the issues

That we would have discernment over the next few months as to where God wants us to focus

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