



# HEART TO HEART



CONNECTING HEARTS  CHANGING LIVES

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HEART CARE MINISTRIES NEWSLETTER

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Dear Friends of Heart Care Ministries,

I once read an article about a pastor's description of a paradigm shift while commuting on a public transit bus. There was a father who seemed to be unconcerned and oblivious to his unruly children. They were loud and obnoxiously climbing in and out of their seats and it was obvious they were irritating people sitting around them. As the pastor observed he began to form an opinion toward this situation and felt a degree of contempt for the lack of concern of this father and the disrespect of his children. After a travelling a few blocks and noticing one of the children bumping into an elderly woman the Pastor felt compelled to say something as the father continued staring aimlessly out the window. He politely pointed out that the children were being disruptive and asked if he would please get them in control. The father turned as if awakened out of a daze and responded apologetically for the children's behavior and said, "We have just left the hospital where my wife and the mother of these children just passed away. I am still in shock over the loss so please pardon my negligence." The frustration and contempt in the pastor's heart immediately was replaced with compassion for this grieving husband and family. He felt ashamed of his judgmental attitude as he began to see this whole scene from a completely different perspective. He reached out to console the man and offered support by holding one of the children. This whole scenario took on a new dimension once the Pastor was aware of the circumstances. This account struck me as to how prone we are to form an opinion and react based on what we see rather than knowing the circumstances surrounding a persons behavior. A vivid example of this happened once when our family was waiting to be served breakfast in a restaurant. We noticed it took a long time for the waitress to take our order and in fact a couple sit down in the booth across from us and was served promptly. When we finally placed our order, we waited and waited and waited a long time. I became annoyed and began mumbling my dissatisfaction about the service to our family. Someone mentioned perhaps the waitress is having a bad day or going through a crisis. When our food finally arrived she apologized and broke down emotionally as she expressed she had a wayward child and her mother had just passed away. It changed everything and even caused us to give thanks that we were privileged to encourage and care for this lady. What made the difference? It was the compassion felt when we knew the story. How often have we misunderstood, assumed, formed an opinion or reacted without knowing a persons story. It is easy to do. We can be grateful Jesus always knows the details of a persons life. Could we accept the challenge to trust Him with the knowing and be committed to be a care-giver for those around us? Wonder if we would choose to look through a person's problem and seek to understand the cause behind it? How is Jesus able to accept, understand, and care for a person without compromising truth? It's all because He focuses on their heart. He knows the story and just what we need for healing!

Caring for Jesus Sake,

Danny and Shirley



Faith looks beyond circumstances and discovers God at work.

"...For the LORD does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart." 1 Sam. 16:7



## MISSION STATEMENT

Heart Care Ministries exists to assist individuals and couples in identifying and resolving emotional and spiritual issues by utilizing the Infinite wisdom of the Word of God, trusting the Infallibility of Jesus Christ, and by relying upon the Inspirational power of the Holy Spirit

May the Lord direct your hearts into the love of God... 2 Thess.3:5



"He healeth the broken in heart, and bindeth up their wounds." Psalm 147:3

Please consider supporting us. Heart Care Ministries is a "faith-based" ministry supported through the generous contributions of individuals, organizations and churches that share the vision to provide competent, caring, Christian counseling at no cost. HCM is a 501 (c) 3 non-profit organization and all gifts are tax deductible. If God moves you to partner with us, please know your gift will be used to make a difference in someone's life. We would be unable to continue in this service without the prayerful and financial support of the loving friends of this ministry. We appreciate your confidence and charitable contributions in our behalf. May God bless your generous and caring spirit.

# Testimonials

*"Go home to your friends, and tell them what great things the Lord has done for you, and how He has had compassion on you." Mk. 5:19*

*"...for out of the abundance of His heart the mouth speaks.: Luke 6:45*

"All through my life I have felt like I never really connected with anyone. I felt like I was a big failure and that all the problems in my parents lives were because of me. Sometimes I felt like it would have been better if I hadn't been born. I was confused and depressed, and always would forget things causing my parents to be mad and to just make my heart sink deeper into solitude and loneliness...I was skeptical when I first heard about going to counseling that anything could help. I figured the counsellor would be just like my parents and say either shape up or get kicked out of the house. I was terrified when I got to the HCM office. It became clear he really did understand and care about me and I began to think he might have something to help me. He explained some things about my heart from a graph and that was when I realized he did understand what I was going through and really cared for me. Over the next few days we prayed to the Lord asking Him to make my heart clean and to wash away all of the bitterness and anger I had stored away for many years. Jesus gave me a safe place in my heart that I can run to and ask God to protect and comfort me. Since confessing my sins to the Lord I have a renewed spirit and am trying to get along with others. There is still a lot to work on but now the feelings of rejection and misunderstanding roll right past me. It was a good experience for me."

A Single Male

"I grew up as a happy care free little girl who always smile and never met a stranger. When I was 6 years old I was with my mother at the park when two little boys ran up and one of them said "ewwww you are the ugliest little girl I have ever seen." From that day forward I withdrew into my own little world and became absorbed in books. A few years later my dad left my mother for another woman which was also devastating. I felt ugly, abandoned, lonely, unwanted and undesirable. That led me to do whatever it would take to get the attention of boys when I became a teenager. I craved attention and wanted to feel loved. I became pregnant and married a man but it only lasted a few years. My life was in shambles and I struggled feeling acceptable with God because of my past. Jesus cleaned up a little girl's heart that was stained black and made it look brand new. He gave me this verse: "He has made everything beautiful in his time...Eccl. 3:11"

A Single Female



*In everything give thanks for this is the will of God in Christ Jesus concerning you. 1Thessalonians 5:18*

We give thanks for those who faithfully support this ministry allowing us the privilege to be available to bless others.

We give thanks for the many people who have come to freedom through the power of Jesus name and found Him to be a safe place for their heart.

We are grateful for friends of the ministry. We are extremely thankful to Don and Jackie Angle for the many hours spent editing and composing the HCM Intro Video along with testimonies.



## HeartCORE Issues

*The troubles of my heart have enlarged; Psa 25:17*

### Spiritual Issues

Issue that affect relationships in a negative way. Spiritual Issues are resolved by acknowledging, confessing and asking forgiveness for the sin.

#### I. Rebellion

Resisting God established authority



Prayer to resolve Rebellion

"Lord I acknowledge my rebellious attitude toward \_\_\_\_\_ by responding with \_\_\_\_\_. I ask your forgiveness for my rebellion. I choose to submit to the authority of \_\_\_\_\_. In Jesus name, I pray. Amen"



*"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God." Phil.4:6*

Please pray for believers around the world that they would remain strong in their faith and be a faithful witness for Jesus Christ.

Please pray that God would open doors and provide ways for those that could benefit from this model of counselling.

Please pray that the couples and individuals coming for counselling would experience lasting freedom and protection as they go back into their home environment.

Please pray for the protection of this ministry.

2935 Stockyard Rd. Suite K-3  
Missoula, MT 59808

Heart Care  
Ministries

Phone: 406.540.4192  
info@heartcareministries.com