



HEART TO HEART



JAN/FEB 2015

HEART CARE MINISTRIES NEWSLETTER

VOL. 5 ISSUE 1

Dear Friends of Heart Care Ministries,

When God first called me into the ministry to preach the Gospel, my first message revolved around this phrase, "You cannot win unless you begin". The spiritual focus was taken from Gen.1:1 "In the beginning God..." When we neglect beginning with God the results will at best be disappointing. To invite God into the personal part of our lives and to honor Him requires a choice. On the surface this seems easy enough. Just to say if a person desires God they simply just ask Him to be a part of their life. However it can become more complicated due to the circumstances people experience that alter their ability to trust God with their whole heart. I recently met with a person that illustrates this and was granted permission to concisely share her story. It started with a call from a concerned daughter wanting to schedule an appointment for her 94 year old mother. She was bothered about her negative attitude but more concerned with her spiritual condition. We scheduled an appointment to meet with this daughter and her mother, who I will refer to as Mel. Mel's story began when she was born. Her father died the day he was to pick baby Mel and her mother up from the hospital. They didn't have much money so they moved in with her deceased dad's family. As a little girl she remembered going to church and her mother reading her bible stories. At a young age she was sexually abused by a family member which continued for a number of years. Her mother was sad over the loss of her husband and was detached. When referring to her dad's death her mother would mention it happened the same day Mel was born. This caused Mel to feel guilty thinking if she had not been born maybe her daddy wouldn't have died. She grew up longing for love and acceptance. Her life was filled with many challenging relationships apart from God. I was moved by Mel's determined spirit of survival, but couldn't help but notice the years of resentment she had stuffed inside. She believed in God but felt she had made too many bad choices to be accepted by Him. Through prayer she slowly found peace by letting go of the bitter wounds and hurts caused by other's. She confessed the wrong choices she had made in life and for becoming distant from God. I asked her what was going on inside and her eyes got bright as she said "In the beginning" She asked aren't those words in the Bible? She remembered her mother reading her a Bible story as a little girl around 2-3 years old and seeing a picture of Jesus. She remembered thinking "I like that person" and how her life was so happy back then. Jesus shared this is what God originally intended for her "In the beginning" For her to feel safe and secure in His arms. She kept smiling and repeating those words over and over "In the beginning... In the beginning!" God has created a beginning for all of us. We may not be able to change the circumstances we have encountered in life but God who created us can change our heart and create for us a new beginning. When we begin with God we will always win.

Caring for Jesus sake,
Danny & Shirley



GOD!

Therefore, if anyone is in Christ, he is a new **creation**; old things have passed away; behold, all things have become **new**.
2Cor. 5:17



MISSION STATEMENT

Heart Care Ministries exists to assist individuals and couples in identifying and resolving emotional and spiritual issues by utilizing the Infinite wisdom of the Word of God, trusting the Infallibility of Jesus Christ, and by relying upon the Inspirational power of the Holy Spirit

May the Lord direct your hearts into the love of God...2 Thess.3:5



"He healeth the broken in heart, and bindeth up their wounds." Psalm 147:3

Please consider supporting us. Heart Care Ministries is a "faith-based" ministry supported through the generous contributions of individuals, organizations and churches that share the vision to provide competent, caring, Christian counseling at no cost. HCM is a 501 (c) 3 non-profit organization and all gifts are tax deductible. If God moves you to partner with us, please know your gift will be used to make a difference in someone's life. We would be unable to continue in this service without the prayerful and financial support of the loving friends of this ministry. We appreciate your confidence and charitable contributions in our behalf. May God bless your generous and caring spirit.

HEART CORE ISSUES

This section is used to identify issues that affect a person's heart.

Pressure Patterns are when a certain behavior is demonstrated that causes another person to react negatively because of pain.

Pressure Patterns



Anger

Inflamed emotion, a feeling of extreme displeasure, wrath

The Characteristics of a Person Who is Angry

They tend to raise their voice, shout, become physically unable to control their behavior, make cutting rash remarks, become irrational and act defiantly.

The Consequences (Reaction) toward Someone Who is Angry

A self-focused person tends to cause other's to feel fearful and afraid, they cause those around them to be careful as to not provoke their anger, People tend to feel controlled by an angry person, it is difficult to become close with someone who is angry

The Character of Someone Who is Angry

The Bible is full of examples of people who were angry. Gen. 4 records an account of destructive anger. Cain brought an offering to the Lord, but God was more pleased with his brother, Abel's offering. The account says that Cain became so angry that he killed his brother. Ja. 1:20 says "the wrath of man does not produce the righteousness of God." God in His sovereignty can become angry but God also has offered protection from His wrath which is available to everyone through His Son the Lord Jesus Christ. Rom. 5:6-9
Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: Eph 4:31



*In everything give thanks for this is the will of God in Christ Jesus concerning you.
1Thessalonians 5:18*

We give thanks for those who have faithfully supported the ministry allowing us the privilege to be available to bless others.

We were grateful to Country Christian Church for hosting a Sweetheart Banquet and inviting us to share throughout the weekend. It was a blessing to see couples connecting and to see the eagerness of the youth with a heart for God

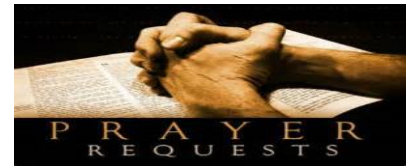
We are grateful for the gracious kindness of some dear friends of the ministry for offering us a quiet place to get away and be refreshed in the Lord.

We thank God for "showing up" in behalf of hurting people when they cry out to Him!



"...for out of the abundance of the heart the mouth speaketh.: Luke 6:45

"As a child, I had the painful experience of growing up in a home devoid of love and full of abuse, leading to an inability to trust others, a legacy of pain and a longing to find love. Desperately craving affection and affirmation, I struggled to fit in, finding myself with many false friendships that made me feel like I belonged. I stumbled into the trap of moral failure. God protected me from homosexual experiences, drugs and alcoholism. I nearly smothered many friendships during this time by clinging too closely to people. Frequently I felt rejected, broken and unloved. Through prayer I was able to have the burdens of sin carried away by The Lord Jesus Christ, who revealed visions to me of a heart filled with His love and acceptance...I find my acceptance in Jesus Christ alone, in whom I depend on.



*"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God."
Phil.4:6*

Pray for people that have been damaged by abuse who appear on the surface to be doing ok and yet below the surface are struggling with the consequences of abuse pain. There is a tremendous need in this area.

Please pray that God would open doors and provide ways for those that could benefit from this model of counselling.

Please pray that the couples and individuals coming for counselling would experience lasting freedom and protection as they go back into their home environment.

Please pray for the ministry

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Ministries

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