



# HEART TO HEART



CONNECTING HEARTS  CHANGING LIVES

JAN./FEB. 2016

HEART CARE MINISTRIES NEWSLETTER

VOL. 7 ISSUE 1

Dear Friends of Heart Care Ministries,

I can hardly believe 2 months of 2016 is nearly past. I've heard people say throughout my life "the older you get the faster time seems to move." While I've never seen the measure of time change it does seem as though it is moving quickly. There is a line in a hymn that reads "Life is the time to serve the Lord..." In 1996 a woman by the name of Linda Ellis wrote an inspirational poem entitled "The Dash". (It can be found online here: <http://www.linda-ellis.com/the-dash-the-dash-poem-by-linda-ellis-.html>) It spoke of ones birth and death marked by dates but emphasized the dash between those two dates represents our life. She mentioned noticing the seemingly misaligned priorities of people around hers and it appeared that people were more concerned with making a living than a life. She shared the inspiration for the poem came from a note that was circulated around her office from an employee's dying wife which read, "Regrets? I have a few. Too much worrying about finding the right husband and having children, being on time, being late and so on. It didn't matter. It all works out and it would have worked out without the worries and the tears. If I would have known then what I know now. But I did and so do you. We're all going to die. Stop worrying and start loving and living." I admit this inspires me too. I spend many hours listening to people share their stories, their hurt, their damage, their wounds, their tears of sadness, and the many vices that grip them as a result. I feel their pain and cringe at what some have had to endure. Every person has a unique story. I listen in amazement but stand in awe of the power of God to change everything in a persons life if they will choose to let Him. It's like we're all living our dash, but the big question is when will a person choose to let God leave His mark by striking through their dash? Without God's mark our life remains only a dash. A marathon from birth till death. But when we choose to allow Him to strike His vertical mark through our dash the result will be life changing. It is then that our self-life is crucified, our sin-life is cleansed, our smitten-life is comforted, our scarred-life is cared for and our sick-life is cured. One of the greatest challenges for people is making the choice to believe. The apostle Paul stated "I am crucified with Christ: nevertheless I live; yet not I, but Christ lives in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me. Gal 2:20. Jesus offers abundant life to our dash and fills it with His love. He sets us free and inspires us to "live to love and love to live". All He requires is that we would be willing to trust Him with all of our heart. Sometimes there may be walls or barriers that prevent someone from coming to Jesus. At times a person may feel so much pain that it becomes difficult to think anything can ever change. Sin may cause a person to believe the lie that there is no way God would forgive them. Hurts may be so deep that a cure seems impossible. Let me encourage you that Jesus has a solution for every problem. Would you be willing to risk to trust Jesus while living your dash?

Your servants for Jesus sake  
Danny and Shirley



"...I have set before you life and death, blessing and cursing; therefore **choose life**, that both you and your descendants may live; that you may love the LORD your God, that you may obey His voice, and that you may cling to Him, for **He is your life and the length of your days;...**" Deut. 30:19-20



## MISSION STATEMENT

Heart Care Ministries exists to assist individuals and couples in identifying and resolving emotional and spiritual issues by utilizing the Infinite wisdom of the Word of God, trusting the Infallibility of Jesus Christ, and by relying upon the Inspirational power of the Holy Spirit

May the Lord direct your hearts into the love of God...2 Thess.3:5



"He healeth the broken in heart, and bindeth up their wounds." Psalm 147:3

Please consider supporting us. Heart Care Ministries is a "faith-based" ministry supported through the generous contributions of individuals, organizations and churches that share the vision to provide competent, caring, Christian counseling at no cost. HCM is a 501 (c) 3 non-profit organization and all gifts are tax deductible. If God moves you to partner with us, please know your gift will be used to make a difference in someone's life. We would be unable to continue in this service without the prayerful and financial support of the loving friends of this ministry. We appreciate your confidence and charitable contributions in our behalf. May God bless your generous and caring spirit.

# Testimonials

*"Go home to your friends, and tell them what great things the Lord has done for you, and how He has had compassion on you." Mk. 5:19*

*"...for out of the abundance of His heart the mouth speaks.: Luke 6:45*

After my daddy passed away when I was 8 I felt very alone and confused. I hardly had any friends at the time. After a few years I became rebellious towards my mom and for that reason had to move out of the house for 6 months. That really left me to feel rejected. Then when my mom remarried 8 years later I thought life could finally be normal again-but to my disappointment things were about as opposite as to what I'd expected. After my brother was born and diagnosed with a spinal muscular atrophy at 4 weeks, I really started doubting that God really cared for me. My brother wasn't given more then 2 years to live and with things getting worse so fast I knew he probably wouldn't even make it to his first birthday. During all this I was planning to visit HCM for a week if sessions and I didn't believe God even cared enough. I actually expected that he might even pass away exactly while I was gone.

During our sessions the counselor led me in a prayer and God showed me a picture of him giving me the love I'd never been able to experience from my earthly daddy. I was also able to forgive God for the feelings of bitterness I'd obtained toward him, as well as others. And I learned to trust Him again. God gave me a new heart without anger, hatred, or bitterness.

My prayer through this is that I may use this to glorify God and help grow His kingdom.  
A Single Female

We are a changed couple.. God is so good. Being emotionally connected has changed our relationship dramatically. We are staying pure, & talking to each other deeply like never before, we care for each other's hearts & feelings, & the love we have for each other is unexplainable!!! We are so blessed! We are more than excited for our wedding day and can't wait for it to be here. We thank you from the bottom of our hearts for what you helped us through.

This does find our hearts open and connected with each other in a much greater way. It brings so much more joy and happiness to our relationship and we are glad for that! Thank you for all your support and encouragement. It has been wonderful for us.

A Premarital Couple



*In everything give thanks for this is the will of God in Christ Jesus concerning you. 1Thessalonians 5:18*

We give thanks for those who faithfully support this ministry allowing us the privilege to be available to bless others.

In Feb. we celebrate our 34th anniversary We thank the Lord for the privilege of sharing 34 wonderful years together and for the many blessings of our marriage.

We are grateful for the safe and healthy arrival of our first grandchild ushering us into the new role of being grandparents.



## HeartCORE Issues

*The troubles of my heart have enlarged; Psa 25:17*

### Spiritual Issues

Issue that affect relationships in a negative way. Spiritual Issues are resolved by acknowledging, confessing and asking forgiveness for the sin.

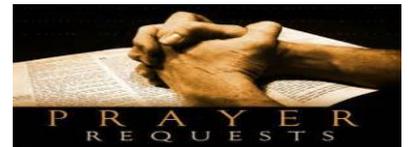
### 3. Temporal Values

Placing a higher value on "things" than on relationship with God and others



Prayer to resolve Temporal Values

"Lord, I acknowledge I have placed a higher value on \_\_\_\_\_ to the neglect of my relationship with You and others. I ask Your forgiveness and I make a commitment to value my relationship with You and others above \_\_\_\_\_. In Jesus name, I pray. Amen"



*"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God." Phil.4:6*

Please pray for believers around the world that they would remain strong in their faith and be a faithful witness for Jesus Christ.

Please pray as we prepare a series of topics to share at The Heart in Relationship Conference in Canada April 15-20 in La Crete AB and in Peace River, AB April 22-24 and that God would use this to His glory

Please pray that the couples and individuals coming for counselling would experience lasting freedom and protection as they go back into their home environment.

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Heart Care  
Ministries

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